

## **EXCELLENCE; Iowa High Performance 2007**

2007 Global Challenge – Salt Lake City, Utah

After 3 days of training in Des Moines, a 6 a.m. plane ride to Minneapolis then to Utah, sleeping with 3 girls in each room, and getting to know the ways of Salt Lake City; 9 girls from all Iowa came together to play the one game we all absolute love.

Some of us played together before, but most of us just met. After a few nights, we all began to realize how much we had in common and how much we loved being around each other. We all agree that being on a team with great chemistry and no drama helps so much in the way you play. Playing girls who range from juniors in high school to juniors in college gave us all a new learning experience and prepared us for our fall seasons.

We all agree that the best part of this trip was being together. Laughing until our stomachs hurt happened often and making friendships that will last a lifetime. (Zip lining at the Olympic Park was AMAZING and we all recommend Hairspray.) Going back to Iowa and going back to our own home towns will be weird, but meeting all these amazing girls was a once in a lifetime experience. Oh, and we all learned many things; including the native language in Utah. Adios Muchachos.